

# Integrated Behavioral Health Services Golden Valley Health Centers



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# Organizational Orientation



- FQHC
- 27 clinics spread throughout 2 Counties (women's clinics, dental, homeless clinic, mobile clinics)
- Treating primarily Latinos (80%); farm workers and their families
- 60% MediCal, 35% uninsured, 5% private

# Community Orientation



- 200% below poverty level: almost 50% in both Counties
- Uninsured in both Counties: 25%
- County Mental Health in both Counties restricted to the most severe mentally ill (MediCal)
- Merced County is HMO provider for MediCal; no contractors; similar in Stanislaus County

# Integrated Behavioral Health Services: Public Health



- PHQ-2, DV, substance abuse, anxiety: 8 questions on the Adult Health History Form
- Posters in patient bathrooms with similar questions
- Educational campaigns include behavioral health conditions
- PCP training on behavioral health

# Staffing



- 4 Licensed Clinical Social Workers and MSW intern
- Psychiatrist

# Range of clinical intervention



- Assessment- ‘second opinion’
- PCP extension- educate, elicit self management goals, advise, follow up
- Short term therapy
- Intermittent (long term) co-management
- Psychiatric consultation

# Documentation



- Written communication- all notes for LCSW and psychiatric consultation are filed in the medical progress notes
- Verbal communication- in person when possible- immediate when necessary for care;